# **BALLA TOWN PARK WALKS** To Castlebar **Balla Town Park** Ros Dairbhreach Road (Tarred) - Traffic, some footpaths Secondary School Holy Well Off-Road Pathways -No Traffic Picnic Area and Almshouse Road (Tarred) -V. light Traffic Golf Club The Square **GAA Pitch** Picnic Area To Claremorris Church Parking available

## At a Glance

Name: Balla Town Parks Walks
Start Point: The Square, Balla

Car parking: Parking available in the Square Distance: 4.5 -5.5 depending on route

Duration: 1 hour

Trail waymarking: See Map above

Terrain: See map legend above

(gravel roads suitable for push chairs)

Level of difficulty: Easy

Minimum gear: Walking shoes and rain gear

On Discovery map: OS1228

# Think Safety!

- This route is shared with vehicles be aware!
- Plan ahead and be prepared!
- Keep children under close supervision
- Take adequate clothing, food and fluid
- If you do encounter difficulties, contact the emergency services on 999

Balla Town Park Walks were developed by Balla Town Park Limited in partnership with local landowners, the local community and Mayo County Council.

Further details about walking in Mayo including downloadable maps and brochures are available on www.mayo.ie

### Leave no trace

Please adhere to this code in any trips to the outdoors

#### 1. PLAN AHEAD AND PREPARE

Be sure you are able for the level of walk you propose to take and that you have the correct equipment for the terrain. Follow all safety instructions that may be posted along the route. Check the weather forecast and always be prepared for changing weather conditions. Leave details of your plans with somebody and don't forget to contact that person later to say that you have returned safely.

#### 2. DISPOSE OF WASTE PROPERLY

'Pack It In, Pack It Out'. Bring home all litter and left-over food including biodegradable waste. Owners must clean up after their dogs.

#### 3. LEAVE WHAT YOU FIND

Respect property. For example, farming or forestry machinery, fences stone walls etc. Leave gates as you find them (open or closed). Preserve the past examine – but do not damage – archaeological structures, old walks and artefacts. Conserve the present: leave rocks, plants and other natural objects as you find them.

#### 4. RESPECT WILDLIFE AND FARM STOCK

Dogs should be kept under control at all times and should not be brought onto hills or farmland.

#### 5. BE CONSIDERATE OF OTHERS

Respect the people who live & work in the countryside. Park appropriately – avoid blocking gateways forest entrances or narrow roads. Let nature's sound prevail. Keep noise to a minimum.

#### 6. TRAVEL ON DURABLE SURFACES

Durable surfaces include established trails and forest roads.

#### 7. MINIMISE THE EFFECTS OF FIRE

Fires are not permitted on the walks.